



IOF World Ranking Event (M/W21E)
Asian Cup

Sep 25/2025 (Ver.1)

JAPAN Orienteering Championships 2025

Bulletin 2

October 4, 2025 Middle Distance

October 5, 2025 Long Distance

Arena

Hunter Mountain Shiobara
Nasushiobara City, Tochigi Prefecture
→[Google Map](#) (36.9381722711966 N, 139.75388556716769 E)

Event Organizer

Japan Orienteering Association (JOA)

Course Planner (Middle)	Ryo Aoyoshi
Course Planner (Long)	Ryo Hotta
Event Director	Jun Ijichi
Event Secretary	Yuta Yoshizawa
Technical Director	Yutaro Miyanishi
IOF Event Adviser	Hisako Murakoshi
Event Adviser	Koji Kashimada, Katsuya Yuki

JOA Official Partners



Supporters

[Tochigi Prefecture](#)

[Nasushiobara City](#)

[Nasushiobara City; The tourism promotion department](#)

[Japan Sports Agency](#)

[Japan Sport Association](#)

[Japan Olympic Committee](#)

[JAPAN HEALTH PROMOTION & FITNESS FOUNDATION](#)

Sponsors

- HORAI Co., Ltd. Nasu Senbonmatsu Farm



Located just two minutes from the Nishinasuno-Shiobara IC, Nasu Senbonmatsu Farm is the largest dairy and tourist farm on Honshu. For over 130 years, it has embraced the theme of coexistence with nature, practicing sustainable, circular dairy farming.

In the visitor area, guests can enjoy hands-on experiences with animals like sheep and rabbits, go cycling through scenic paths, or relax at the natural grass dog park. Visitors can also indulge in soft-serve ice cream and cheesecake made from the farm's fresh milk, along with local gourmet specialties unique to Tochigi Prefecture.

[Information]

Address: 799 Senbonmatsu, Nasushiobara City, Tochigi Prefecture

Business hours & Closed: <https://www.senbonmatsu.com/schedule/>
<https://www.senbonmatsu.com/>

- Kameya Hampo

A maker of traditional hot spring manju in the Shiobara Onsen area.

Their signature treat features the rich aroma of brown sugar and a smooth, homemade sweet red bean paste wrapped in a soft, moist bun.

In addition to this classic treat, they also produce the *Shiobara-yaki*, a castella-style manju, and the *Maple Cookie*, a crispy delight infused with the gentle fragrance of maple.

[Information]

Address: 618-15 Shiobara, Nasushiobara City, Tochigi Prefecture

Business hours: 7 : 30~17 : 00 (closing time may vary)

Closed: No fixed closing days

■ Konoha Kasekien

Long ago, a lake once existed near the present-day Shiobara Onsen area. Over time, sediment and volcanic ash flowing in from the surrounding area formed a unique geological layer known as the Shiobara Lake Formation. This formation has yielded a wealth of exceptionally well-preserved fossils, drawing significant attention from the geological community.

At the *Konoha Fossil Garden*, visitors can view plant fossils known as *Konoha-ishi* – literally “leaf stones” - collected from the site itself. The garden also showcases a diverse array of insect and animal fossils, along with fascinating specimens of fossils and minerals gathered from around the world.

[Information]

Address: 427 Nakashiobara, Nasushiobara City, Tochigi Prefecture

Business hours: 9:00~17:00

<http://www.konohaisi.jp/>

■ Kotje Le Chocolat

The name *Kotje* comes from the Flemish language spoken in the Flanders region of Belgium, meaning “a small hut” or “a cozy little space.”

Nestled in a forest surrounded by the vast pastures of Nasu Highlands in Tochigi Prefecture, this small workshop is a specialty chocolate shop. Using carefully selected cacao beans from Dak Lak, Vietnam, each chocolate is crafted with care – from roasting to the final creation - one bean at a time

[Information]

Address: 139-18 Aoki, Nasushiobara City, Tochigi Prefecture

Business hours: 10:00~16:00

Closed: Sun, Mon, Tue

https://www.instagram.com/kotje_le_chocolat



■ Nomadics, inc



Founded in the United Kingdom in 1968, the OMM - Original Mountain Marathon is the most historic mountain adventure race in the world. Designed to test participants' all-around mountain skills, it continues to captivate challengers in Japan as well. As the official distributor and representative of OMM in Japan, Nomadics is responsible for importing, sales, and race organization. Through these efforts, they actively promote outdoor culture and share the excitement of navigation sports with a wider audience. [Information]

Nomadics HP: <http://nomadics.jp/>

OMM JAPAN HP: <https://theomm.jp/>

■ YMOE



Time Schedule

October 4, 2025 Middle Distance

8:30	Parking opens
8:40	Arena opens
10:30	First starts
12:00	Pre-start No.2 closes
14:00	Pre-start No.1 closes / Map return
14:55~	Award Ceremony begins
15:30	Finish closes
16:30	Arena closes
17:10	Parking closes

October 5, 2025 Long Distance

7:20	Parking opens
7:30	Arena opens
9:25	First starts
10:15	Supplementary Food Station Close
12:15	Pre-start closes / Map return
14:05	Award Ceremony begins
15:15	Finish closes
16:30	Arena closes
17:05	Parking closes

General Information

■ Access to Arena

➤ By Car

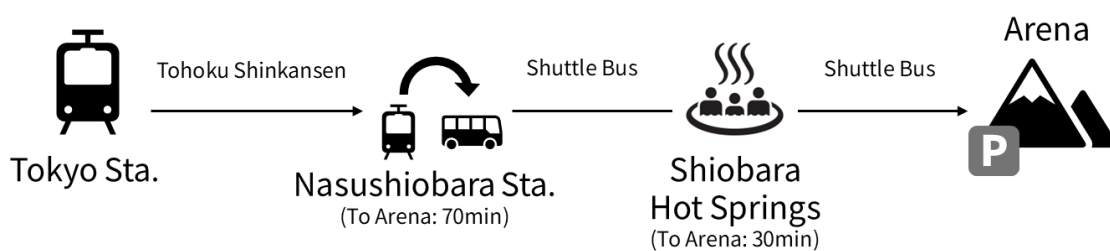
You can use the parking near the arena.



➤ By Shuttle Bus

Note: Shuttle Bus is ONLY for applicants.

Note: For outbound travel, the recommended bus boarding times are shown in the start list.



■ Shuttle Bus Information

➤ Bus Stop

✧ Nasushiobara Sta.

<https://maps.app.goo.gl/Fh8agtkLTXXUEkvQ6>

✧ Shiobara Hot Springs

<https://maps.app.goo.gl/TigWwcVjnDNKZbAE9>

➤ The Shuttle Bus Schedule

To the Arena	Nasushiobara Sta.	Shiobara Hot Springs	Arena
Oct. 4th Middle Distance	7:40	8:20	8:50
	8:00	8:40	9:10
	9:05	9:45	10:15
	10:10	10:50	11:20
	10:30	11:10	11:40
Oct. 5th Long Distance	6:20	7:00	7:30
	7:00	7:40	8:10
	8:00	8:40	9:10
	8:50	9:30	10:00
	9:30	10:10	10:40

From the Arena	Arena	Shiobara Hot Springs	Nasushiobara Sta.
Oct. 4th Middle Distance	13:00	13:30	14:10
	13:50	14:20	15:00
	14:40	15:10	15:50
	15:30	16:00	16:40
	16:20	16:50	17:30
	17:10	17:40	18:20
Oct. 5th Long Distance	13:00	-	14:05
	13:50	-	14:55
	14:40	-	15:45
	15:25	-	16:30
	16:20	-	17:25
	17:05	-	18:10

Note: The bus From the Arena on Oct. 5th will not stop at Shiobara Hot Springs.

Arena

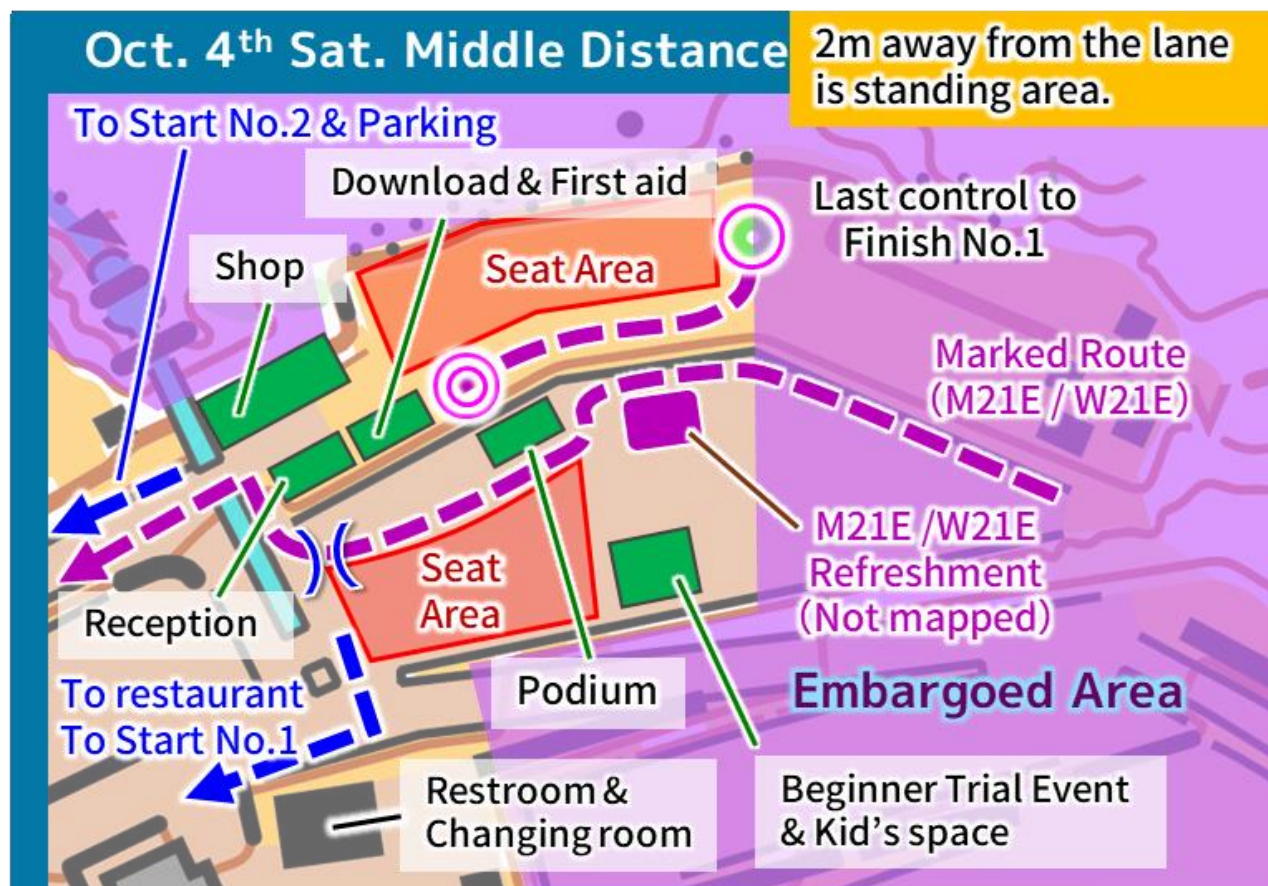
■ Information

- The Arena is an outdoor venue. Tents and tarps may be set up in the seating area. Note that the ground is paved.
- Any additional information will be posted near the reception. Please make sure to check before heading to Pre-Start. The respective information will be published on the official website by morning of the race day.
- Assisting or interfering with competitors are strictly prohibited.
- Beginner Trial Event and Kid's Space will be set up in the Arena.
- There will be a supplementary food station set up right after the spectator control for Championship classes on the day of the Long Distance.
- Please refer to [Competition Information](#) - Supplementary Food Station for more detail.

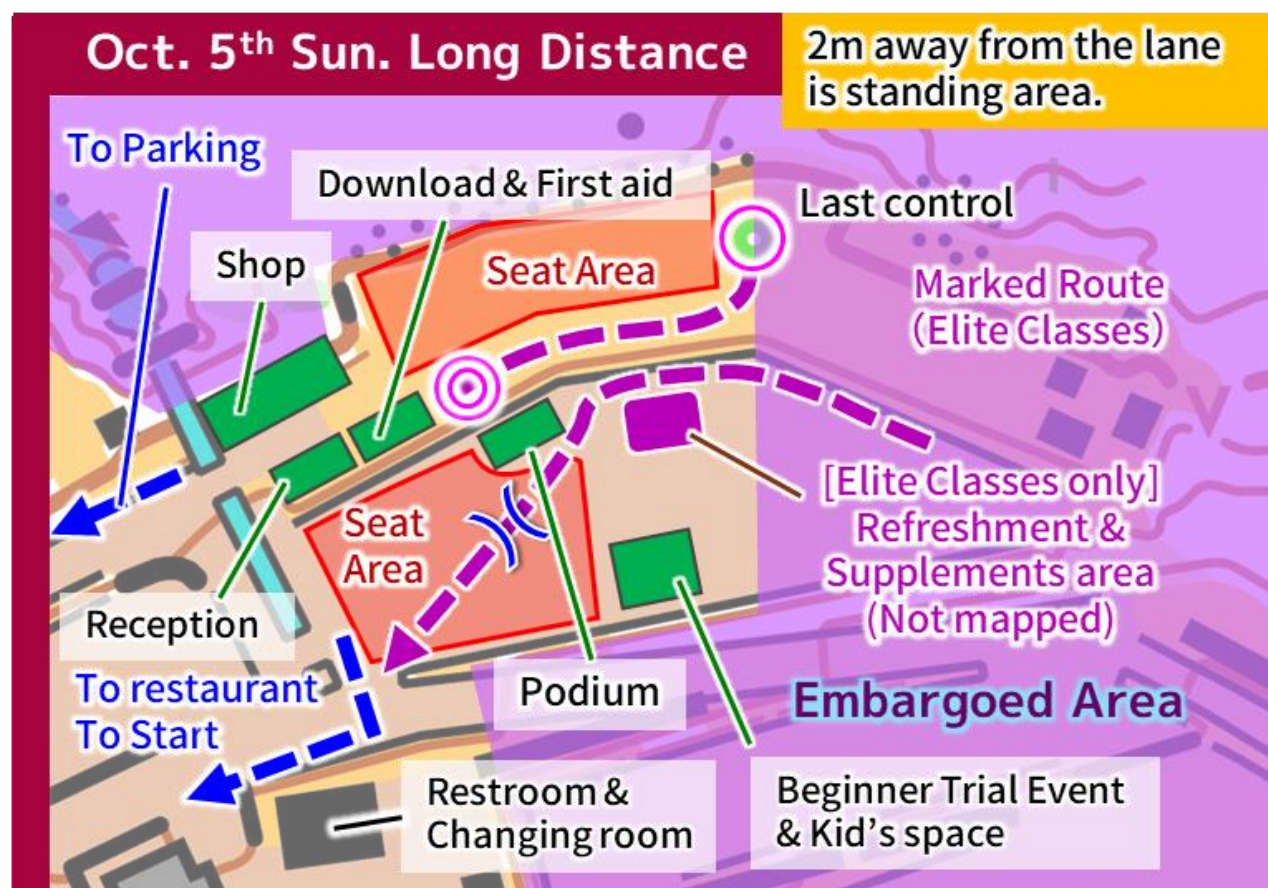
■ Map



■ Middle



■ Long



Reception

■ Materials

- Upon arriving at the arena, **ALL** competitors must come to the reception area to pick up their own materials. Pick up is self-service.

Distributed materials (To be used both days)

- 1 (one) number bib
- Rubber bands for SI cards (please use for loss prevention)
- rental SI card (if registered)

- Please make sure to write an emergency contact number on the back of the number bib.

■ SI card change / rentals

- Competitors must come to the reception and contact the organizer before the race, in case they forgot their SI card or if they require a number change. This must be done for both days separately.
- Number change is free of charge. Additional SI card rental is 400 JPY per day.

■ Compass rentals

- Compass rental is available free of charge with a 3,000 JPY deposit (cash only). The deposit will be reimbursed at the time of return.

■ Maps for purchase

- Maps will be available for purchase after start-close each day. Please note there is limited availability.

Map type	Price(JPY/1map)
Course maps (excluding Elite Classes)	500
Course maps (Elite Classes)	800
All-control maps (Middle Distance / Long Distance)	1,000
All-control maps (B3-sized; 364 x 515mm ²) (Middle Distance and Long Distance combined)	3,000
Plastic file folder (A4-sized; 210 x 297mm ²) (Middle Distance / Long Distance)	500

■ Maps for absend competitors



- Maps of absend competitors may be picked up at the reception by friends and family after start-close each day.

Course Information

■ Middle Distance



Maximum running time: 90 min

NOTE:M60-95A / W60-95A: 120 min

Men							Women						
Class	Win Time	Distance	Climb	Scale [1:]	Controls	No.	Class	Win Time	Distance	Climb	Scale [1:]	Controls	No.
Elite Classes													
M21E	35 min	5.4 km	300 m	10,000	20	31	W21E	35 min	4.2 km	230 m	10,000	15	33
M20E	25 min	3.2 km	200 m	10,000	11	32	W20E	25 min	2.5 km	145 m	10,000	10	34
Advanced Classes													
M21A1	35 min	4.5 km	300 m	10,000	16	35	W21A	35 min	3.7 km	210 m	10,000	14	38
M21A2	35 min	4.5 km	290 m	10,000	15	36							
M21AS	35 min	3.9 km	210 m	10,000	14	37	W21AS	35 min	3.1 km	170 m	7,500	12	39
M35A	35 min	3.9 km	210 m	10,000	14	37	W35A	35 min	3.1 km	170 m	7,500	12	39
M40A	35 min	3.9 km	210 m	10,000	14	37	W40A	35 min	3.1 km	170 m	7,500	12	39
M45A	35 min	3.9 km	210 m	10,000	14	37	W45A	35 min	3.1 km	170 m	7,500	12	39
M50A	35 min	3.9 km	210 m	10,000	14	37	W50A	35 min	3.1 km	170 m	7,500	12	39
M55A	35 min	3.7 km	210 m	10,000	14	38	W55A	35 min	3.1 km	170 m	7,500	12	39
M60A	35 min	3.1 km	170 m	7,500	12	39	W60A	35 min	2.5 km	130 m	7,500	9	40
M65A	35 min	3.1 km	170 m	7,500	12	39	W65A	35 min	2.5 km	130 m	7,500	9	40
M70A	35 min	3.1 km	170 m	7,500	12	39	W70A	35 min	1.5 km	65 m	7,500	9	41
M75A	35 min	2.5 km	130 m	7,500	9	40	W75A	35 min	1.5 km	65 m	7,500	9	41
M80A	35 min	1.5 km	65 m	7,500	9	41	W80A						
M85A	35 min	1.5 km	65 m	7,500	9	41	W85A						
M90A	35 min	1.1 km	15 m	7,500	6	42	W90A						
M95A	35 min	1.1 km	15 m	7,500	6	42	W95A						
M20A	25 min	2.6 km	145 m	10,000	9	43	W20A	25 min	2.1 km	90 m	10,000	10	44
M18A	25 min	2.1 km	90 m	10,000	10	44	W18A	25 min	1.7 km	75 m	10,000	7	45
M15A	25 min	2.1 km	80 m	10,000	9	46	W15A	25 min	1.9 km	75 m	7,500	8	47
Open Classes													
M12	25 min	2.2 km	95 m	7,500	11	48	W12	25 min	2.2 km	95 m	7,500	11	48
M10							W10	25 min	2.0 km	60 m	7,500	13	49
MAS	35 min	3.9 km	210 m	10,000	14	37	WAS	35 min	3.1 km	170 m	7,500	12	39
MBL	30 min	2.1 km	80 m	10,000	9	46	WBL	30 min	2.1 km	80 m	10,000	9	46
MBS	30 min	1.9 km	75 m	7,500	8	47	WBS	30 min	1.9 km	75 m	7,500	8	47
MN 	20 min	2.2 km	95 m	7,500	11	48	WN 	20 min	2.2 km	95 m	7,500	11	48

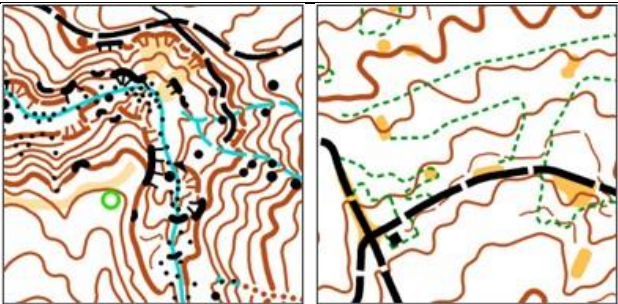
■ Long Distance

Maximum Running Time: 180 min

Men							Women						
Class	Win Time	Distance	Climb	Scale [1:]	Controls	No.	Class	Win Time	Distance	Climb	Scale [1:]	Controls	No.
Elite Classes													
M21E	90 min	11.7 km	700 m	15,000	25	1	W21E	90 min	9.2 km	525 m	15,000	19	3
M20E	75 min	8.8 km	535 m	15,000	19	2	W20E	70 min	6.5 km	415 m	15,000	17	4
Advanced Classes													
M21A1	80 min	8.4 km	450 m	15,000	19	5	W21A	80 min	6.5 km	325 m	15,000	15	7
M21A2	80 min	8.4 km	455 m	15,000	18	6							
M21AS	60 min	5.9 km	295 m	10,000	13	8	W21AS	60 min	4.6 km	230 m	10,000	11	9
M21ASS	40 min	3.9 km	220 m	10,000	11	10	W21ASS	40 min	2.3 km	115 m	7,500	10	12
M35A	65 min	6.5 km	325 m	15,000	15	7	W35A	65 min	5.9 km	295 m	10,000	13	8
M40A	65 min	6.5 km	325 m	15,000	15	7	W40A	60 min	4.6 km	230 m	10,000	11	9
M45A	65 min	6.5 km	325 m	15,000	15	7	W45A	60 min	4.6 km	230 m	10,000	11	9
M50A	50 min	4.6 km	230 m	10,000	11	9	W50A	50 min	3.9 km	220 m	10,000	11	10
M55A	50 min	4.6 km	230 m	10,000	11	9	W55A	50 min	3.9 km	220 m	10,000	11	10
M60A	50 min	4.6 km	230 m	10,000	11	9	W60A	50 min	3.2 km	190 m	7,500	9	11
M65A	50 min	3.9 km	220 m	10,000	11	10	W65A	50 min	2.3 km	115 m	7,500	10	12
M70A	50 min	3.9 km	220 m	10,000	11	10	W70A	50 min	2.3 km	115 m	7,500	10	12
M75A	50 min	3.2 km	190 m	7,500	9	11	W75A	50 min	1.6 km	65 m	7,500	8	13
M80A	50 min	2.3 km	115 m	7,500	10	12	W80A						
M85A	50 min	1.6 km	65 m	7,500	8	13	W85A	50 min	1.3 km	55 m	7,500	7	14
M90A	50 min	1.3 km	55 m	7,500	7	14	W90A						
M95A	50 min	1.3 km	55 m	7,500	7	14	W95A						
M20A	60 min	5.8 km	375 m	10,000	16	15	W20A	60 min	4.5 km	290 m	10,000	13	16
M18A	50 min	4.5 km	290 m	10,000	13	16	W18A	50 min	3.1 km	205 m	10,000	10	17
M15A	40 min	3.4 km	190 m	10,000	11	18	W15A	40 min	2.6 km	145 m	7,500	11	19
Open Classes													
M12	30 min	2.2 km	70 m	7,500	9	20	W12	30 min	2.2 km	70 m	7,500	9	20
M10							W10	30 min	2.0 km	65 m	7,500	9	21
MAS	60 min	5.9 km	295 m	10,000	13	8	WAS	60 min	4.6 km	230 m	10,000	11	9
MASS	40 min	3.9 km	220 m	10,000	11	10	WASS	40 min	2.3 km	115 m	7,500	10	12
MBL	50 min	4.5 km	290 m	10,000	13	16	WBL	50 min	3.1 km	205 m	10,000	10	17
MBS	40 min	3.4 km	190 m	10,000	11	18	WBS	40 min	2.6 km	145 m	7,500	11	19
MN 	25 min	2.2 km	70 m	7,500	9	20	WN 	25 min	2.2 km	70 m	7,500	9	20















Race Information








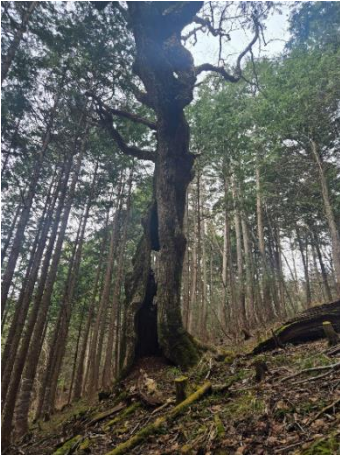


■ Map Information

	October 4 Middle Distance	October 5 Long Distance
Map Specification	ISOM 2017-2 Revision 6	
Map Scale (WRE Classes)	1:10,000	1:15,000
Map Scale (Other Classes)	1:10,000 or 1:7,500	1:15,000 or 1:10,000 or 1:7,500
Contour Interval	5m	
Map Size	A4 (210 x 297mm ²)	
Control Description	ISCD 2024 Control Descriptions Dimensions ¹ : Within Middle: 180 x 60mm ² Long: 220 x 60mm ²	
Water resistance	Sealed in a water-resistant plastic bag	
Old/previous Map	New made map for this race	
Map Sample	 (200 x 200m ²)	

¹ Control description boxes are square with a side dimension of 6mm.

■ Special Symbols

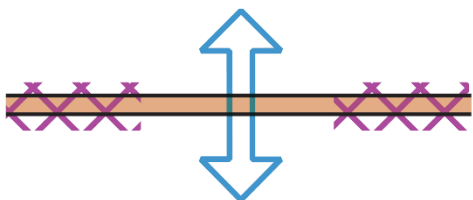
Symbol	Photo
<p>419 Prominent vegetation feature</p> <p>   = 0.9 (OM)  = 0.9 (OM) 0.18 </p>	<p>Base of fallen tree</p> 
<p>531 Prominent man-made feature – x</p> <p>   = 0.8 (OM) 0.16  = 0.8 (OM) </p>	<p>Monitoring equipment</p>  <p>Abandoned pipe</p> 
<p>530 Prominent man-made feature – ring</p> <p>  = 0.8 (OM) 0.16 </p>	<p>Charcoal burning ground</p>
<p>528 Prominent line feature</p> <p>   = 0.4 (OM) 0.14  = 2.0 (CC) 45° </p>	<p>Water pipe</p> 
<p>529 Prominent impassable line feature</p>	<p>Moving belt lift</p> <p>*Not on the route expected route.</p>

<p>311 Well, fountain or water tank</p> <p>  = 0.8 (OM)  0.8 (OM) 0.18 </p>	<p>Well</p>    
<p>417 Prominent large tree</p> <p> 1.1 (OM)  0.9 (OM) 0.18 </p>	<p>Prominent large tree</p> 
<p>Not mapped objects</p>	<p>Black thin pipes</p>  <p>Black and yellow rope</p> 

■ Crossing Point -on the road-

Concerned; Middle: M21E, W21E

There is a road (Momoji-line) with heavy traffic located within the terrain. This road is out-of-bounds, but certain classes may cross this road. Crossing-points are places without 709 Out-of-bounds area and please be mindful of incoming traffic when crossing. Any dangerous crossing may be stopped by the organizer. The waiting time will not be subtracted from the overall race time in such case.



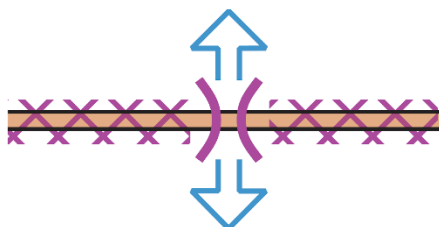
■ Crossing Point -beneath the road-

Concerned; Middle: M21E, W21E

Long: M21E, W21E, M20E, W20E, M21A1, M21A2

At 710 crossing point on the road in the map, you can pass beneath the road via a bridge or waterway. Please be aware that footing may be unstable in many areas, and be extra cautious while passing through.

The symbols 710 crossing point are not transparent for legibility.(Samples below)



■ Embargoed Area

You can check the embargoed area at following URL.

https://www.google.com/maps/d/edit?mid=1ZALcZAq_oO_9K8XUrXotGVGpliDdiO4&usp=sharing

Orienteering within the area marked with purple on the map is prohibited except for the organizer's permission.

■ Terrain Information

➤ Overview

The terrain is located in the north-eastern part of Takahara Mountain at altitude 950~1,450m.

It consists of a ski resort Hunter Mountain Shiobara and the surrounding forests.

➤ Landform

The terrain is shaped by large ridges and valleys as well as a few complex features.

The south-east side of the terrain is higher in altitude and steeper, while the north-west side is lower and flatter. Deep valleys run across the terrain, making it difficult to cross.

➤ Vegetation

Runnability and visibility are fairly high. There are open-lands in parts of the terrain.

➤ Paths and other notable features

While there are forests roads and construction roads throughout the terrain, there are only a few footpaths. The spurs lack features, but deep valleys have many features such as rocks and stony grounds.

➤ Special notes and cautions

Existence of ticks have been confirmed in the terrain. Refer to the preferred attires and items listed in the next section.

■ Equipment

There are no regulations regarding clothing and shoes.

But the following items or clothing are recommended.

- Insect Repellant Spray Containing DEET
- Long Sleeves and Pants (since ticks are found in the terrain)
- Shoes with Metal Studs (since slopes are slippery)
- Whistle (to prepare for emergencies)
- Bear Bell (since bears are found in the terrain)

The use of GPS(GNSS) devices is OK without for the purpose of navigation. Watches which can communicate with others independently (ex. which eSIMs are available) are prohibited. However, if the screen is taped or otherwise made in such a way that the map or distance display cannot be seen, the device may be carried.

- Punching System
 - SPORTident system(SI-card)²³
- Model Event

No model event will be held.
- Warm-Up Area

Warm-up is possible on the way to the Pre-Start as well as the Pre-Start Area. Warm-up maps are available. Please pick up at the reception area.
- Quarantine

No Quarantine will be held.
- Marked Route
 - To pre-Start Area: Yellow tape
 - During the race: Red and White or Red traffic corns

Exceptions: In W10/M12/W12/MN/WN classes, certain sections off the main path may be marked with pink tape. These sections are indicated on the map as guidance sections.
- Announcements

Commentary, interviews, and race updates will be broadcast within the Arena. During the race, you may hear intermediate and finish times.

² SI-card: You can use your own SI-cards, but air+ system is **NOT** available.

³ Be sure to confirm the SI station's response (sound and light) when inserting your SI card. If there is no response, you need to punch the designated area (R) on the map with the attached needle punch.

■ Refreshments

	October 4 Middle Distance	October 5 Long Distance
Refreshment point ⁴⁵	Multiple M21E: 2 times W21E: 2 times	Multiple M21E: 5 times W21E: 3 times
First aid post	Finish 1 (No refreshments) Terrain 1	Finish 1 (No refreshments) Terrain 1

■ Supplements area (**ONLY For Elite Class**)

You may place your supplements at the arena by 10:15. Clearly label your supplements with your name and bib number. Located at about 75% of the courses. No staff will be present at the drop-off location.

■ Climate and Hazards

The following table shows historical records for the past 30 years for October 4-5 at the Oku-Nikko observatory near the site of this competition.

Average temperature(°C)	11.8
Maximum temperature(°C)	15.6
Minimum temperature(°C)	8.1
Precipitation days(in 60days)	34

⁴ Number of times will change by route choice.

⁵ NOTE: In following class, you will pass refreshment point at the arena. This point is not on the map to ensure legibility.

Middle: M21E, W21E

Long: M21E, W21E, M20E, W20E

■ Doping Control

- This competition is subject to IOF Anti-Doping Rules and the World Anti-Doping Code. For more information, please refer to the IOF or WADA websites.
- By entering this competition, all Athletes (including those under 18) agree to be subject to doping control procedures under the World Anti-Doping Code.
- Athletes who refuse, avoid, or fail to complete the doping control procedure, such as due to personal travel arrangements, may be in violation of anti-doping rules and subject to sanctions under the World Anti-Doping Code.
- Athletes subject to blood tests must rest for 2 hours after the competition before sampling.
- Competitors under 18 must bring a signed consent form from their guardian to the event. The form can be downloaded from the Japan Anti-Doping Agency website.

(<https://www.playtruejapan.org/jada/u18.html>)

If athletes under the age of 18 are selected for doping control, they must submit a consent form signed by their guardian to the responsible testing official. This consent form only needs to be submitted once while the competitor is under 18. If the competitor is selected for another doping test after submitting the form, they should inform the official that the form has already been submitted. If the consent form cannot be submitted at the doping control site, it must be mailed to the JADA office within seven days after the test. Failure to submit the consent form will not affect the doping control process in any way.

Start

■ Information

The conventional timed start (using a clock synchronized with race time).

Please arrive at the pre-start area no later than 3 minutes before the start time specified in the start list.

Transportation of cold-weather gear from pre-start to Arena will be provided.

	October 4 Middle Distance	October 5 Long Distance
M80A/M85A/M90A/M95A W70A/W75A/W85A	[Start Area No.2] 3min from the Parking *Transportation by car ⁶	15min from the Arena (0.9km) *Marked by yellow tape
Other Classes	[Start Area No.1] 20min from the Arena (1.2km) *Marked by yellow tape	
pre-start Area Closes	14:00	12:15

Finish

■ Information

➤ Finish

All classes are punching finish.

	October 4 Middle Distance	October 5 Long Distance
Finish Area Closes	15:30	15:15

■ SI card download

- Rental SI cards will be collected at the time of reading. However, if you are also renting for the next day's Long Distance event after the Middle Distance race, the card will not be collected. Please ensure you store it responsibly.
- If your SI card is not read before the finish area closing time, you will be considered a missing participant. Even if you retire from the race, please ensure your SI card is read at the finish area.

■ Map Collection

- Maps will be collected from competitors who finish before start-close. They will be returned after start-close ready at the Arena.

■ Live Result

For both days, live results will be posted on LapCenter. <https://mulka2.com/lapcenter/>

⁶ Depart from the Parking (available on every 20 minutes between 10:00 to 12:00)

■ Complaints and Protests

After the competition, if there are concerns about fairness, competitors can submit Complaints, or query. Complaints must be submitted at the reception desk within 30 minutes after the pre-Start closes or 30 minutes after the competitors finishes, whichever is later. The Organizer will review the submitted Complaints and post the response on the official notice board. If the competitors is dissatisfied with the response, they may file an Protest within 15 minutes of the response being posted. If a Protest is submitted, Jury will be selected as follows:

Middle-distance: 3 members

Long-distance: 3 members

■ Restaurant

Restaurant in the arena; "Big Apple", "COSTA COFFEE" and "Baskin-Robbins Ice Cream are available. When you enter the restaurant, change your shoes and prevent taking mud into the room.

Business hours: 11:00~15:00 (Last Order: 14:00)



Nasunogahara-Beef Curry



COSTA COFFEE



Baskin-Robbins Ice Cream

■ Award Ceremony

	October 4 Middle Distance	October 5 Long Distance
Award ceremony starts	14:55	14:05
Number of prizewinners	Elite Classes: 6 Advanced Classes: 3 Open Classes ⁷ : 3 *Medals will only be awarded to competitors with Japanese nationality.	

⁷ Not eligible for awards. MAS/MASS/WAS/WASS

Other Information

■ Note

- Please review the Participant Agreement posted on the entry site (Japan-O-entrY). By entering, you are deemed to have agreed to its contents.
- There are no classes available for entry on the day of the event.
- Substitution for absent participants (running on behalf of someone else) is not permitted.
- If you encounter an injured competitor during the competition, promptly report their location and condition to event staff. Assisting an injured competitor takes priority over the race.
- If you wish to take or publish photos or videos of participants without their consent, please contact the event organizers in advance or notify the reception. Additionally, please be mindful of avoiding accidents or conflicts with pedestrians or other non-participants when filming.
- Personal information obtained by the organizers will only be used for tasks necessary for event management and for announcements and publicity of future events hosted by the Japan Orienteering Association. Images and videos taken by the organizers during the event may be used for event reports or future promotional activities. If you do not wish to have your photos or videos published, please contact the organizers or inform the reception.
- Please participate in the post-event survey. The responses may be used and published in a manner that does not identify individuals, for event reports or future event planning.

■ Web Site & SNS

Web site: <https://orienteering.or.jp/joc/2025>

X: <https://twitter.com/orienteeringJOC>

Instagram: <https://www.instagram.com/orienteeringjoc/>

■ Contact

E-mail: ajoc@orienteering.or.jp



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<http://www.kitahefu.com/en/JOA010.html>

The official orienteering shirt of Japan Orienteering Association (JOA).

It features Japanese traditional pattern, cherry blossom and 5 partner's logos of JOA. Manufacturer is SIGN.

Price : 65.00 USD

② Orienteering 3/4 Pants

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② Orienteering 3/4 Pants

<http://www.kitahefu.com/en/JOA011.html>

The official orienteering 3/4 pants of JOA.

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Manufacturer is SIGN.

SIGN was founded in 2013, then growing rapidly by its stylish and functional products. National ski orienteering team of Japan, foot orienteering team of Finland, Romania, Ukraine, Poland, Portugal, Iceland, North Macedonia wear SIGN shirt.

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③ Performance Polo

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③ Performance Polo Shirt

<http://www.kitahefu.com/en/JOA012.html>

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This polo is made by breathable and super light material, its useful for every sports opportunities.

Manufacturer is SIGN.

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